



WEAR A MASK AND HELP TO PROTECT CAYMAN KIND



The links in this section lead to instructions and videos of how to make a homemade mask. Here are some tips for how to care for your mask during the pandemic:

- Make sure you wash your mask at a high temperature, and ideally iron it after drying
- Wash or disinfect your hands before touching your face mask
- Cover your nose and mouth with your mask, try to minimize any gaps
- Do not touch your mask with your hands while wearing it
- If your mask gets wet, replace it
- Remove your mask by pulling it off by the strings, avoid touching the mask itself
- Throw away the mask in a closed bin after use

CREATING A MASK FROM COTTON:

www.youtube.com/watch?v=S9RWI12-5_4

www.youtube.com/watch?v=wDj3DVWK5QU

www.youtube.com/watch?v=nkf89reikGU

www.youtube.com/watch?v=xN0HH2Zb2hY

www.youtube.com/watch?v=KrZS00fjgI0

www.youtube.com/watch?v=JY-29VBkGmw

CREATING A MASK FROM TISSUE:

<https://www.youtube.com/watch?v=aNjpH5lBZ8w>

A SIMPLE MASK WITH NO SEWING:

<https://www.facebook.com/watch/?v=1147491672261634>

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